



# Student Health

Dear Faculty, Students and Staff,

Chestnut Hill College is modifying our COVID-19 isolation practices as campus continues its return to living with the virus. Student Health would like to offer COVID-19 isolation and quarantine guidance to decrease any confusion.

## COVID-19 Isolation and Quarantine Guidance

Student Health follows CDC guidance for isolation and quarantine of COVID-19.

Please email Student Health at [studenthealth@chc.edu](mailto:studenthealth@chc.edu) to report a positive test for COVID-19.

We encourage all students to purchase COVID-19 tests to have on hand when needed. At-home antigen tests are available for purchase at pharmacies such as CVS, Walgreens, Target and Rite Aid, which may also provide on-site PCR testing. Additional PCR and rapid testing may be available locally through Urgent Care, and Philadelphia Department of Public Health locations.

<https://www.phila.gov/2023-05-11-end-of-the-covid-19-emergency-what-that-means-for-covid-19/>

### If you tested positive for COVID-19

- Please contact Student Health at [studenthealth@chc.edu](mailto:studenthealth@chc.edu) or call 215-248-7111
- We recommended isolating at home if you live within 200 miles of campus. If going home is not possible, you will isolate in your dorm room. Chestnut Hill College does not have on campus quarantine or isolation housing available. You should have an established plan with your roommates and/or housemates (if applicable) on how to isolate in a manner that everyone is comfortable. Masks are available at Student Health.
- Individuals diagnosed with COVID-19 must isolate for five full days from onset of symptoms. Isolation timelines are calculated using the date of symptom onset, or date of testing if asymptomatic, as Day 0. Day 0 through Day 5 individuals need to isolate in their dorm room or room at home. On Day 6, the student may return to classes and activities while wearing a mask through Day 10.
- Dining Hall will have grab-n-go meals available for students from Day 0 through Day 10. Please wear a mask when picking up your meals.
- Please contact your professors about any missed class. Academic Advising will be notified when the student may go back to class, which again is Day 6.
- Student Health is available for any medical assistance during operational hours. If there is any emergency please call 911.



**If you were exposed to a person with a confirmed case of COVID-19**

- You are **not** required to quarantine and may go to class, but you must wear a mask. Masks are available at Student Health.
- Please mask for 10 days after exposure. Day 0 is the day that you were in contact with a confirmed COVID-19 positive person.
- Monitor for symptoms. If symptoms present, test right away.
- Wait 5 days after exposure to test. If you test negative continue to wear mask through day 10. If you test positive, isolate right away and contact Student Health.